



ANNOUNCEMENT

45. Internationaler Förde - Pokal 2019

Host and Organiser:	Flensburger Schwimmklub von 1930 e.V.
Location of the meeting:	Campusbad Flensburg, Thomas-Fincke-Str.19, 24943 Flensburg
Meeting facility:	8 lanes, 25m, wave breaking lanes, electronic time measurement, water temperature approx. 27 degrees Celsius, pool depth 4.00m (start) to 1.80m

ORDER OF THE MEETING

1st part: Saturday, the 07.09.2019			
Doors open:		8:30 am	
Referee conference:		8:45 am	
Start:		9:30 am	
Event 01	200 m IM	w	2010 and older
Event 02	200 m IM	m	2010 and older
Event 03	50 m Backstroke	w	2011 and older
Event 04	50 m Backstroke	m	2011 and older
Event 05	100 m Butterfly	w	2010 and older
Event 06	100 m Butterfly	m	2010 and older
Event 07	200 m Freestyle	w	2011 and older
Event 08	200 m Freestyle	m	2011 and older
Event 09	50 m Breaststroke	w	2011 and older
Event 10	50 m Breaststroke	m	2011 and older
Event 11	4x50 m Freestyle	x	W1<2006<W2*

2nd part: Saturday, the 07.09.2019			
Doors open:		Continuously	
Referee conference:			
Start:		45 Min. after Part 1	
Event 12	400 m IM	w	2009 and older
Event 13	400 m IM	m	2009 and older
Event 14	50 m Butterfly	w	2011 and older
Event 15	50 m Butterfly	m	2011 and older
Event 16	200 m Backstroke	w	2011 and older
Event 17	200 m Backstroke	m	2011 and older
Event 18	100 m Freestyle	w	2011 and older
Event 19	100 m Freestyle	m	2011 and older
Event 20	200 m Breaststroke	w	2010 and older
Event 21	200 m Breaststroke	m	2010 and older

3rd part: Saturday, the 07.09.2019			
Doors open:		Continuously	
Referee conference:		directly after Part 2	
Start:		10 Min. after Part 2	
Event 22	1500 m Freestyle**	w	2009 and older
Event 23	1500 m Freestyle**	m	2009 and older

Evaluation categories	
Year 2001 and older (≥ 18y)	Year 2008 (11y)
Year 2002/2003 (16 – 17 y)	Year 2009 (10y)
Year 2004/2005 (14 – 15y)	Year 2010 (9y)
Year 2006 (13y)	Year 2011 (8y)
Year 2007 (12y)	

4th part: Sunday, the 08.09.2019			
Doors open:		8:00 am	
Referee conference:		8:15 am	
Start:		9:00 am	
Event 24	400 m Freestyle	w	2010 and older
Event 25	400 m Freestyle	m	2010 and older
Event 26	100 m IM	w	2011 and older
Event 27	100 m IM	m	2011 and older
Event 28	50 m Freestyle	w	2011 and older
Event 29	50 m Freestyle	m	2011 and older
Event 30	200 m Butterfly	w	2009 and older
Event 31	200 m Butterfly	m	2009 and older
Event 32	4x50 m IM	x	W1<2006<W2*

5th part: Sunday, the 08.09.2019			
Doors open:		Continuously	
Referee conference:			
Start:		15 Min. after Part 4	
Event 33	100 m Backstroke	w	2011 and older
Event 34	100 m Backstroke	m	2011 and older
Event 35	100 m Breaststroke	w	2011 and older
Event 36	100 m Breaststroke	m	2011 and older
Event 37	800 m Freestyle**	w	2009 and older
Event 38	800 m Freestyle**	m	2009 and older
Event 39	Knock-out-Final	w	open***
Event 40	Knock-out-Final	m	open***

* In the mixed relay teams, the same number of female and male swimmers must compete. The order is irrelevant. The Years 2006 and younger and the Years 2005 and older will be evaluated separately.

** The guide times for 1500m/ 800m are 20:10/ 11:35 min (men) and 21:50/ 12:05 min (women).

*** In the **Events 39 and 40, the 8 fastest swimmers from Event 26 and 27** will compete against each other in an elimination heat. The stroke to swim is drawn directly before the start. The ratings in the KO final will not be considered in the team evaluation.

During the entire event a separate 25m swimming pool will be available to the competitors for warm up and cool down according to the organiser's specifications.

Registration deadline: Tuesday, 27th of August 2019



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Awards and Recognitions

Individual scoring

In the **50m and 400 m individual events**, all winners in each evaluation category (except knock-out finals) will receive medals for 1st, 2nd and 3rd place.

Record bonus: Swimmers who set a new event record in the open class in the individual competitions will receive a **cash reward for the amount of 45 €.**

The record bonus will only be awarded to the swimmer who has swum the fastest record time at the end of the event. There is no reward for a year group record. The previous records can be taken from the attachment.

Best junior athlete (2006 and younger, male): The athlete with the best points performance according to the FINA points table receives a **trophy and a „Saturn-voucher“; for the amount of 45 € at the final award ceremony.**

Best junior athlete (2006 and younger, female): The athlete with the best points performance according to the FINA points table receives a **trophy and a „Saturn-voucher“; for the amount of 45 € at the final award ceremony.**

The winners of the events 39 and 40 will each receive:

- 1st place: 45 € and the **knock-out trophy of the VR Bank,**
- 2nd place: 35 €
- 3rd place: 25 €.

Team scoring

The **“Fördepokal of the Flensburger Schwimmklub von 1930 e. V.”** goes to the winner of the team scoring. This year is

the prize is endowed with 450 €.

The winner will be responsible for the engraving of the Förde-trophy and will bring it to next year's event. In case of non-participation in the following year the Förde-trophy has to be delivered to the Flensburger Schwimmklub in time.

Scoring for the „Fördepokal“: Only the best placed athlete of a club will be included in the scoring order for each event and scoring class. According to the ranking in this order, the first 7 swimmers (i.e. the club, if present in the ranking), will receive points (except the participants in the knock-out final). Score key for individual events 10-8-6-4-3-2-1. In relay events, points count double: 20-16-12-8-6-4-2.

The **„Relay Trophies of the City of Flensburg“;** are awarded to the mixed relay teams of the 2006 and younger years as well as the 2005 and older years by adding the times of the mixed relay teams. Teams of the clubs that participate in both relay events in one evaluation category and finish them will be included in the scoring. Disqualified relay teams will not be included in the overall ranking. The winners are the teams with the fastest time.

Mixed-Relay (2006 and younger)

- 1st place: Non-cash Prize and **Relay-Trophy 2019**
- 2nd place: Non-cash Prize and
- 3rd place: Non-cash Prize

Mixed-Relay (2005 and older)

- 1st place : 75 € and **Relay-Trophy 2019**
- 2nd place: 50 € and
- 3rd place: 25 €.

Award ceremonies

The award ceremonies will be held during the events. They are part of the events. Swimmers who do not attend the award ceremony lose their right to their award. At the final awards ceremony on Sunday, cash and non-cash prizes as well as trophies will be awarded.



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General terms and conditions

1. Legal regulations

The competition regulations (WB), the legislation (RO), the competition fee regulations (WGO) and the anti-doping regulations (ADO) of the German Swimming Association (Deutscher Schwimm-Verband e. V. ; DSV) apply. For disabled persons with appropriate proof of classification, the competition regulations of the German Disabled Sports Association are additionally applied. All active members of clubs, departments and start communities affiliated to the DSV or FINA are eligible to participate. The event is announced to the SHSV and the DSV.

2. Licences and sports health

Together with the registration, the clubs have to provide an insurance, that the swimmers registered by them, have the right to start for the club, that the annual compulsory licence according to § 19 Abs. 2 WB-AT (for German clubs) has been paid and that they have proved their sport health by a medical certificate, which is not older than one year. The entry form may only be sent and accepted by the organizer without a signature and a binding declaration on sports health according to § 11 WB-AT if the entry form is submitted by data transmission according to DSV standard and sent by e-mail. In this case the signature must be made up before the start of the event or a signed registration form (DSV Form 101 Version 2012-03) must be handed in to the organizer. The club is not eligible to start without a signed registration form. The Flensburger Schwimmklub von 1930 e. V. is not liable if it turns out that a sports health or the valid annual license is not available.

3. Restrictions of the competition program

The eight- to ten-year-old swimmers are not allowed to compete in more than 6 events per day (including relay) (age groups 2009 and younger).

In the competitions 22 and 23 (1500 m freestyle) as well as 37 and 38 (800 m freestyle) the entries of the clubs should orient to the guide times. A psych sheet is displayed in the meet program. Cancellations for the events 22 and 23 must be submitted to the speaker by the end of the 1st part and for the events 37 and 38 by the end of the 4th part. Afterwards, the team leaders will discuss the execution of these events. These events and the events 24 and 25 (400m freestyle) might be carried out with double lane occupancy and manual timekeeping. The fastest run can again take place in single lane occupancy and with automatic time measurement.

In the third part of the meeting, one referee must be appointed per club for every 3 entries started, i. e. 1 referee for 1-3 entries, 2 referees for 4-6 entries, etc.

4. Knock-out-Final 39 and 40

In the knock-out competitions 39 and 40, the eight fastest swimmers from the events 26 and 27 will compete against each other in five elimination heats. The stroke in which the 50 m will have to be swum, will be drawn before the start. The number of swimmers is reduced according to the elimination method 8 - 6 - 4 - 3 - 2.

5. Swimwear

The FINA regulations and the corresponding DSV explanatory notes must be observed for swimwear. It should be noted that appropriate visual checks are carried out before the starts.

6. Start rule and time measurement

The one-start rule applies to all events. Electronic timing is used.

7. Judging panel

The number of referees to be provided by the participating clubs can be found in the meet program. For the 3rd part the general terms and the terms in the 3rd section regarding the referees have to be observed.

8. Lane counter

The clubs are responsible for the operation of the obligatory lane counter panels at the freestyle events 800 m and 1500 m. This activity is not carried out by the turning referee.

9. Other

Access to the hall is restricted to the athletes, their supervisors/trainers and the referees and is through the athletes' entrance of the Campusbad. Glass bottles may not be brought along. Spectators are requested to take a seat in the gallery (entrance through the main entrance).

Only the sand-parking area in front of the Campusbad is available for the participants of the event.



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10. Registration and data protection

By submitting the registrations the club / the starting community accepts the tender and declares that it has received a data protection declaration from every person involved in the event (athletes, coaches, referees and helpers) - in the case of minors from their legal guardians - according to which the organizer and organiser are permitted to

1. collect, store, process and - also in the context of reports about the event - publish and forward to the SHSV as well as the DSV personal data of the above-mentioned group of persons relevant to the competition in entry results, competition protocols and best lists, also electronically. The entry result, the protocol and the best lists will be published on the internet on the homepage of the organizer, the SHSV and the DSV.
2. publish personal data relevant to the competition as well as photos, film shots or photomechanical reproductions of the above-mentioned group of persons taken during the event and to forward them to the organiser, SHSV and DSV as well as third parties such as media, social networks and sponsors for use.
3. transmit the entire competition event via livestream to the internet, if necessary.

The above data include: Name, first name, sex, year of birth, performance achieved (placement, time achieved and points scoring), any disqualifications with reasons, club membership and, for judges, the field position.

Entries must be made on the DSV registration form (DSV Form 101) and DSV registration list (DSV Form 102) stating the ID number of the active participant, the year of birth, the age group, the club ID and the code number of the respective national association. In the relay entries, the evaluation classes and the names of the relay swimmers must be indicated. The names of the relay swimmers can still be changed on the competition day, but the classification classes cannot. Notifications shall preferably be sent by e-mail using a file in accordance with the DSV FORMAT6 or LENEX standard, or by post.

With the registrations, the registering club acknowledges the terms of this tender as legally binding.

11. Entry fee

The entry fee is ...

For individual events	4,50€	for 50m events
	5,50€	for 100 – 200m events
	7,00€	for 400m events
	8,50€	for 800 – 1500m events
For relays	9,00€	

12. Registration address and registration deadline

The entry fee must be transferred to the account of the Flensburger SK by Monday, 30.08.2019 at the latest, stating the name of the club.

VR Bank North eG

International account (IBAN): DE74 2176 3542 0004 4333 60
International Bank Identification (BIC): GENODEF1BDS
Purpose: 45-Int-Förde-Cup-2019 and club name

Registration address: By e-mail: meldungen@flensburger-schwimmklub.de
By post: Knut Behnemann, Sonnenpark 25, 24955 Harrislee, Germany

Registration deadline: **Tuesday, 27 August 2019**

Late registrations and re-registrations are not possible after the registration deadline has expired.

Complaints regarding the recorded entries must be sent to the entry address no later than Thursday, 29 August 2019 at 6 pm after the entry deadline.

The organizer reserves the right to change starting times or to cancel or merge competitions if the number of entries makes this necessary.



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13. Meet program, protocol and certificates

The registration result is created with the program „Easy-WK“ and published on the homepage of the Flensburger SK www.flensburger-schwimmklub.de and sent to the clubs by e-mail.

All clubs can download a certificate of participation for their swimmers as a pdf-document on the website of the Flensburger Schwimmklub. There will be no printing of certificates.

The result protocol will be sent to the clubs after the end of the event by e-mail and published on the homepage of the Flensburger SK www.flensburger-schwimmklub.de as well as on the pages of the DSV and SHSV.

14. Catering and accommodations

The bistro of the Campusbad offers catering facilities (athletes menu card).

Cheap accommodation including breakfast can be found below:

Jugendherberge Flensburg

Fichtestraße 16
24943 Flensburg, Tel. +49 (0)461-37742
E-Mail: jhflensburg@djh-nordmark.de

or

Touristinformation Flensburg

Nikolaistraße 8
24937 Flensburg, Tel. +49 (0)461-9090920
E-Mail: info@flensburg-tourist.de

Hostel Flensburg

Zur Exe 23
24937 Flensburg
+49 (0)461 - 90 90 833
E-Mail: info@hostel-flensburg.de

or

FLENSBED

Bahnhofstraße 28
24937 Flensburg
Tel: +49 (0)461 - 80 72 85 10
E-Mail: info@flensbed.de
www.flensbed.de

15. Exclusion of liability

The Flensburger Schwimmklub von 1930 e. V. accepts no liability for lost objects and valuables or for damage and accidents of any kind

We wish all participating clubs a safe journey and a successful meeting!

Ulrike Thielemann
Schwimmwartin des FSK

Rainer Sievers
1. Vorsitzender des FSK

Datei-Version: 11.07.2019 11:52:51